After watching the video “Temptations” discuss the following questions: You can also answer the questions individually on a separate piece of paper.

1. Read Matthew 4:1-11 and discuss the following questions
   2. Why do you think Satan was tempting Jesus, what was his purpose
   3. Why did The Spirit of God lead Jesus into the desert to be tempted, why did God allow it?
   4. How did Jesus resist the devil’s temptations — what did he do?
   5. What did the devil do when he realized he would not be successful?

6. Based on the verses below what is the source or sources of temptation?
7. Read 1Cor 10:13, and share any experiences you had where you were tempted to sin, but God helped you resist
8. Read the verses in "how we resist temptation and discuss what are some of the tools God has given us to not sin.

**Jesus was Tempted by the Devil**

Matthew 4:1-11 (NIV) Then Jesus was led by the Spirit into the desert to be tempted by the devil. [2] After fasting forty days and forty nights, he was hungry. [3] The tempter came to him and said, "If you are the Son of God, tell these stones to become bread." [4] Jesus answered, "It is written: 'Man does not live on bread alone, but on every word that comes from the mouth of God.'" [5] Then the devil took him to the holy city and had him stand on the highest point of the temple. [6] "If you are the Son of God," he said, "throw yourself down. For it is written: " 'He will command his angels concerning you, and they will lift you up in their hands, so that you will not strike your foot against a stone.'" [7] Jesus answered him, "It is also written: 'Do not put the Lord your God to the test.'" [8] Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor. [9] "All this I will give you," he said, "if you will bow down and worship me." [10] Jesus said to him, "Away from me, Satan! For it is written: 'Worship the Lord your God, and serve him only.'" [11] Then the devil left him, and angels came and attended him.

**Sources of Temptation**

James 1:12-13 (NIV) [13] When tempted, no one should say, "God is tempting me." For God cannot be tempted by evil, nor does he tempt anyone; [14] but each one is tempted when, by his own evil desire, he is dragged away and enticed. [15] Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.

1 Cor. 7:5 (NIV) Do not deprive each other except by mutual consent and for a time, so that you may devote yourselves to prayer. Then come together again so that Satan will not tempt you because of your lack of self-control.

1 Peter 5:8-9 (NIV) Be self-controlled and alert. Your enemy the devil prowls around like a roaring lion looking for someone to devour. [9] Resist him, standing firm in the faith, because you know that your brothers throughout the world are undergoing the same kind of sufferings.

1 John 2:16 (NIV) For everything in the world--the cravings of sinful man, the lust of his eyes and the boasting of what he has and does--comes not from the Father but from the world.

**God Provides a way of Escape**

1 Cor. 10:13 (NIV) No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it.

**How we resist Temptation**

Ephes. 6:12-18 (NIV) For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. [13] Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. [14] Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, [15] and with your feet fitted with the readiness that comes from the gospel of peace. [16] In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. [17] Take the helmet of salvation and the sword of the Spirit, which is the word of God. [18] And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints.

Galatians 5:16-25 (NASB) But I say, walk by the Spirit, and you will not carry out the desire of the flesh. [17] For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please. [18] But if you are led by the Spirit, you are not under the Law.