

Resources:

Organizations

SAICO.org – Sexaholics Anonymous – 12 step sex addiction recovery group with sobriety definition that is probably most consistent with traditional Christian values.

Twin Cities Hotline: 952-985-1016

Celebrate Recovery – celebraterecovery.com - Celebrate Recovery is a program designed to help those struggling with hurts, hang-ups, and habits by showing them the loving power of Jesus Christ through the recovery process. Lookup local meetings online. Access church in North Branch has something similar.

SAA – Sex Addicts Anonymous – Define your own sobriety, but still useful tools and helpful recovery fellowship.

XXXchurch.com – Online ministry dedicated to preaching freedom to those in bondage to pornography, particularly those involved in the porn industry.

Websites

www.purelifeministries.org

www.genescounseling.org

www.everymanministries.com

www.purityreport.com

Books

Out of the Shadows: Understanding Sexual Addiction – By Patrick Carnes (Leading mental health authority on sex addiction with treatment facility in Hattiesburg, MS)

Every Man's Battle - By Stephen Arterburn

Healing the Wounds of Sexual Addiction – By Mark Laaser (from MN)

Articles

LIFE Ministries - [Downsides to Masturbation](#)

Troublewith.com - [I Still Have Not Found What I am Looking For HYPERLINK](#)

["http://www.troubledwith.com/AbuseandAddiction/A000000763.cfm?topic=abuse%20and%20addiction%3A%20pornography%20and%20cybersex"](http://www.troubledwith.com/AbuseandAddiction/A000000763.cfm?topic=abuse%20and%20addiction%3A%20pornography%20and%20cybersex)

Guardian.co.uk - [Men and Porn](#)

Beliefnet - [Pamela Paul “How Porn Destroys Lives”](#)

Christianpost.com - [Porn Addiction Flooding Culture, Church](#)

Pornfree.org - [Lies about sex sin, addiction and freedom](#)

Pornfree.org - [So what's so bad about pornography?](#)

FreeMinistry.org - [Christianity and Homosexuality](#)

FreeMinistry.org - [When Someone You Love is Gay](#)

Counseling

Local Christian counselors – look for CSAT (Certified Sex Addiction Therapist) certification. Seeing a counselor without special training could do as much harm as good, especially a secular one.

faithfulandtrue.com - Faithful & True (formerly Faithful and True Ministries) is a Christian counseling organization specializing in the treatment of individuals and couples struggling because of sexual addiction/infidelity.

Other

X3watch.com - Free accountability software. This software monitors what is accessed online and sends a report of any questionable websites to your accountability partners email addresses.

Qustodio – Free accountability software that emails a chosen accountability partner a daily report with phone and internet usage.

SEXUAL PURITY HELP

Covenant Eyes: Accountability software monitors Internet use and emails reports to people you select. Blocks objectionable websites from your computer. www.covenanteyes.com

Websites for Men and Women:

Safe Eyes: Software that blocks objectionable content. www.internetsafety.com/index.php

Other websites for help and encouragement:

www.no-porn.com

www.pureintimacy.org

www.porn-free.org

www.sexaddict.com

www.manontheroad.org

www.settingcaptivesfree.com

www.victimsofpornography.org

www.exodusinternational.org

www.focusonthefamily.com

www.outpostministries.org

www.yeshuado-academy.com/resources/Sexual%20Integrity.pdf

www.hoperestoredforlife.org/hero/blueprints-to-sexual-integrity

http://enrichmentjournal.ag.org/201103/201103_000_ten_tips.cfm

<https://www.hopefortheheart.org/pdfs/OLQR-pr-Sexual%20Integrity.pdf>

<https://www.heartbeatinternational.org/plenty-in-common-sharing-sexual-integrity-in-the-philippines/itemlist/tag/sexual%20integrity>

<https://www.christianitytoday.com/moi/2017/002/march/sex-and-gods-image.html>

<http://www.harvestusa.org/sexual-integrity-its-hard-now-it-was-hard-then-too/#.WOQANaK2wb4>